

## **APPENDIX H: Mental health promotion**

1. Public health holds three contracts for mental health promotion, all with an end date of 31 March 2014:
2. East Brighton Mental Health Project – contract with Mind in Brighton & Hove to provide mental health advice and support to people living in East Brighton;
3. Allsorts Youth – mental health promotion for gay, lesbian, bi, unsure and trans young people;
4. Grassroots – training on suicide prevention and mental health for frontline workers with defined groups e.g. criminal justice system, debt and financial advisers, homeless.
5. The current mental health promotion strategy is revised and aligned with both the adult mental health and children & young people's commissioning strategies. This is a commitment in the Health and Wellbeing Strategy and also the One Planet Living plan. The aim is to develop a strategy by 1 April 2014.
6. The development process will involve some user consultation, likely to be mediated by the Mind Gateway.
7. An initial analysis of the city's Health Counts survey results is currently underway (spring 2013) and further analysis related to emotional wellbeing is planned.
8. All of these strands of work will contribute to a more robust basis for re-commissioning mental health promotion provision in the city.
9. Recommendation: To extend the contracts for one further year; and to offer a 'mini-prospectus' for mental health promotion in 2014-15, with a start date for the new contracts of 1 April 2015.

